



Risk Assessment

<p>Saturday Morning Sessions: Specific Activities – Tree Jumping, Rope Swinging & Seal Launching</p> <p>Paddling between Durweston Mill DT11 0QD and Blandford Weir DT11 7AW.</p> <p>Persons Undertaking Event: Session Leader and participants.</p> <p>Nearest Access Points: Emergency vehicles can gain access to the river at Durweston Mill DT11 0QD, Bryanston School (Boathouse) DT11 0PX and Morrisons Car Park DT11 7AW.</p> <p>Nearest Accident and Emergency Department: Dorset County Hospital, Williams Avenue, Dorchester DT1 2JY.</p> <p>Assessment completed by: Tony Fowler (Club Secretary), Rob Mooring (Club Safety Officer) of the management committee of the Stour Valley Canoe Club</p> <p>Date Assessment Created / Completed: 18th October 2021</p> <p>Date of Next Review: see below</p>	<p>Session Leader: Tony Fowler</p>	07557 419436
	<p>Other river leaders</p> <p>Grant Russell</p> <p>Matt Grimes</p> <p>Rob Mooring</p>	<p>07432 613380</p> <p>07748 403995</p> <p>07908 910644</p>
	<p>Emergency contacts:</p> <p>Dorset County Hospital</p> <p>South Western Ambulance Service</p>	<p>01305 251150</p> <p>01305 269969</p>

HAZARD	RISK BEFORE CONTROL MEASURES	INITIAL RISK RATING BEFORE CONTROL MEASURES	PERSONS AT RISK	CONTROL MEASURES	COMMENTS ACTIONS	RESIDUAL RISK RATING
Jumping from Trees/Rope swings into water	Serious injury/broken bones/head injury/ Cold Water Shock /drowning	HIGH	All club members	<ul style="list-style-type: none"> Prior Parental consent must be granted in writing in form of disclaimer for ALL under 18's acknowledging additional risk the activity presents for their child. before participation is permitted. Helmets will be worn at ALL times during session. Buoyancy Aids will be worn at ALL times during session. Wet shoes/ wet boots MUST be worn at ALL times during session. A responsible and competent adult paddler to be on the water in their boat to act as Safety Boat for the activity. A responsible and competent adult paddler MUST check the area beneath the jumping area for obstructions/debris or sub surface objects. To include probing 	<p>All Club Members to be advised of new control measures before taking part in this activity, and instructed to observe these new control measures at all times. Safety Officer together with rest of Committee to review and action a safety assessment of area and clear and make as safe as possible.</p> <p>Risk Assessment available to members on FB page and Club website. All members</p>	MEDIUM

				<p>under surface with extended paddle.</p> <ul style="list-style-type: none"> • Participants MUST also take responsibility to check area below is free from people/boats and other equipment or floating debris prior to jumping. • Only one person up tree at any given time. • Participants MUST ONLY Jump into water feet first and vertically as per WW safety and rescue training guidance. NO diving or flips/somersaults etc. • After entering the water swim back to bank to ensure clear of jump area in readiness for next participant. • The activity will NOT be permitted during windy conditions or if any obvious signs of damage to trees from previous high winds. • All participants to be competent and comfortable with climbing. • Take extra care when climbing trees to ensure good footing and hand holds at all times. • If using rope swing, ensure participants only release over deep water. • Avoid swinging back towards bank to avoid collision. • Care must also be taken not to damage trees/riverbanks during this activity. 	<p>encouraged to read.</p> <p>All participants need to have an appreciation for the environment they are in. Special care should be taken to avoid damage to trees and riverbanks throughout participating in such activities. Coaches and Adults should promote a respect for the Environment we use, and a greater understanding of river awareness involved within building confidence in and on the water through such activities. To ensure young paddlers appreciate the impact of their actions/decisions on others and themselves and so they can learn to minimise impact on the environment.</p>	
Falling from height	Landing on riverbank, protruding branches, other participants or in shallow water resulting in Serious injury/broken	HIGH	All club members	<ul style="list-style-type: none"> • Prior Parental consent must be granted in writing in form of disclaimer for ALL under 18's acknowledging additional risk the activity presents for their child before participation is permitted. • Helmets will be worn at ALL times during session. • Buoyancy Aids will be worn at ALL times 	All Club Members to be advised of new control measures before taking part in this activity, and instructed to observe these new control measures at all times. Safety Officer together with rest of Committee	MEDIUM

	bones/head injury/ Cold Water Shock/ drowning			<p>during session.</p> <ul style="list-style-type: none"> Wet shoes/ wet boots MUST be worn at ALL times during session to offer good grip whilst climbing. All participants to be competent and comfortable with climbing. Take extra care when climbing trees to ensure good footing and hand holds at all times. NO attempts at diving or flips/somersaults etc. Have a rope in place to aid climbing difficult sections. A responsible and competent adult MUST check the area on the bank beneath the jumping area for obstructions/debris and clear area prior to any activity. 	<p>to review and action a safety assessment of area and clear and make as safe as possible.</p> <p>Risk Assessment available to members on FB page and Club website. All members encouraged to read.</p>	
Objects or participants landing on other participants below on bank or in river.				<ul style="list-style-type: none"> Care to be taken by participants when climbing not to displace or break branches or other objects in trees. Shout a warning to others if items are dislodged and falling. Participants MUST also take responsibility to check area below is free from people/boats and other equipment or floating debris prior to jumping and if not, they MUST shout a warning and wait until area is clear before jumping. A responsible and competent adult MUST check the area on the bank beneath the jumping area to ensure other participants are kept clear of the area below any climbing participants. A responsible and competent adult paddler MUST be on the water and check the water beneath the jumping area for other participants and ensure clear prior to participants Jumping. Clear communication between Jumper 	<p>All Club Members to be advised of new control measures before taking part in this activity, and instructed to observe these new control measures at all times. Safety Officer together with rest of Committee to review and action a safety assessment of area and clear and make as safe as possible.</p> <p>Risk Assessment available to members on FB page and Club website. All members encouraged to read. All participants need to have an appreciation for the environment</p>	MEDIUM

				<p>and Competent Adult paddler at all times to ensure participant does not Jump if area not clear.</p> <ul style="list-style-type: none"> • Helmets will be worn at ALL times during session by ALL Participants above and below. • Buoyancy Aids will be worn at ALL times during session. 	<p>they are in. Special care should be taken to avoid damage to trees and riverbanks throughout participating in such activities. Coaches and Adults should promote a respect for the Environment we use, and a greater understanding of river awareness involved Coaches and Adults should promote a respect for the Environment we use to avoid damage to trees or riverbank.</p>	
<p>Seal Launching from Riverbank/ collision with trees other objects and landing badly.</p>	<p>Serious injury/broken bones/head injury/ Cold Water Shock/ drowning</p>	<p>HIGH</p>		<ul style="list-style-type: none"> • Prior Parental consent must be granted in writing in form of disclaimer for ALL under 18's acknowledging additional risk the activity presents for their child. • Helmets will be worn at ALL times during session. • Buoyancy Aids will be worn at ALL times during session. • Seal launch route checked prior to use for signs of debris low branches or other obstructions and all such cleared prior to use. • A responsible and competent adult paddler to be on the water in their boat to act as Safety Boat for the activity • A responsible and competent adult paddler MUST check the area beneath the Seal Launch for obstructions/debris or sub surface objects. To include probing under surface with extended paddle • Participants MUST also take responsibility 	<p>All Club Members to be advised of new control measures before taking part in this activity, and instructed to observe these new control measures at all times. Safety Officer together with rest of Committee to review and action a safety assessment of area and clear and make as safe as possible.</p> <p>Risk Assessment available to members on FB page and Club website. All members encouraged to read. All participants need to have an appreciation</p>	<p>MEDIUM</p>

				<p>to ensure area below is free from people/boats and other equipment or floating debris prior to Launching.</p> <ul style="list-style-type: none"> • A responsible and competent adult paddler MUST advise participants how best to steer their boat and what line they MUST take to avoid collision. • Only one person to launch at any given time. • Care must also be taken not to damage trees/riverbanks during this activity. 	<p>for the environment they are in. Special care should be taken to avoid damage to trees and riverbanks throughout participating in such activities. Coaches and Adults should promote a respect for the Environment we use, and a greater understanding of river awareness involved within building confidence in and on the water through such activities. To ensure young paddlers appreciate the impact of their actions/decisions on others and themselves and so they can learn to minimise impact on the environment.</p>	
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<p>Date Reviewed: 18/10/2021 Next Review Date: 18/10/2022</p>	<p>Person Reviewing: Rob Mooring</p>
<p>Position in Stour Valley Canoe Club Committee: Club Safety Officer</p>	<p>Signature of Reviewer: <i>Rob Mooring</i></p>