



### Risk Assessment

<p><b>Kayak Surfing Trips:</b> Kayak Surfing at Ringstead Bay, Widemouth Bay, Summerleaze and Crooklets Beaches Bude.</p> <p><b>Persons Undertaking Event:</b> Surf Leader and trip participants.</p> <p><b>Required Competence:</b> Surf Leader/s will be experienced Kayak Surfing Paddlers who have completed a Whitewater Safety and Rescue Course. Participants will have demonstrated the ability to confidently and competently undertake a 'Wet Exit'. It will be up to the discretion of the 'Leader' to determine who is competent enough to undertake such descents. Under 18's will either be accompanied by a parent or will have arranged to paddle with a 'Responsible Adult'- and necessary paperwork undertaken.</p> <p><b>Access Points:</b>          Ringstead Bay Car Park, Fishers Pl, Dorchester DT2 8NG.          Widemouth Bay Car Park, Marine Dr, Widemouth Bay, Bude EX23 0AW.          Summerleaze Beach Car Park, Summerleaze Cres, Bude EX23 8HJ.          Crooklets Beach, S W Coast Path, Bude EX23 8NE.</p> <p><b>Accident and Emergency Departments:</b>          Ringstead Bay- A&amp;E Poole Hospital, Longfleet Rd, Poole BH15 2JB.          Widemouth Bay, Summerleaze and Crooklets Beaches- Minor Injuries Unit Stratton Hospital Hospital Rd, Stratton, Bude EX23 9BR and North Devon District Hospital Raleigh Park, Barnstaple EX31 4JB.</p> <p><b>Assessment completed by:</b> Tony Fowler (Club Secretary), Rob Mooring (Club Safety Officer) of the management committee of the Stour Valley Canoe Club</p> <p><b>Date Assessment Created/Completed:</b> 4<sup>th</sup> July 2018.</p> <p><b>Date of Next Review:</b> See below</p>	<p><b>Surf Leader:</b> Nominated by SVCC Management Committee</p>	
	<p><b>Emergency contacts:</b>          Poole Hospital          Stratton Hospital          North Devon District Hospital</p>	<p>01202 665511          01288 320100          01271 322577</p>

HAZARD	RISK BEFORE CONTROL MEASURES	PERSONS AT RISK	CONTROL MEASURES	COMMENTS ACTIONS	RESIDUAL RISK RATING
Accidental capsize of Kayak or Canoe	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains	Surf Leader and trip participants	The Surf Leader and participants to wear Buoyancy Aids and Helmets The Surf Leader will provide a safety briefing prior to Beginners/Novices entering the water. The briefing will include a brief description of 'Rip Tides' and identification of those that can be readily seen at the time of the briefing.	The Surf Leader will check that all novice paddlers have appropriately secured Buoyancy Aids and Helmets prior to the river descent.	Low

	and strains		<p>During the safety briefing the SVCC Nominate Surf Leader will explain that Kayakers are to paddle between the Black and White RNLI Flags and stay away from the area marked off by Red and Yellow Flags.</p> <p>Prior to the paddle being undertaken the Surf Leader will ensure that all Kayaks have adequate inherent buoyancy to prevent sinking and to provide a floating object for the participants to hold on to in the event of a wet exit.</p> <p>The Surf Leader will also arrange for beginners to have an induction to Kayak Surfing that will include having an experienced paddlers standing in the sea holding their craft while they learn to brace into the waves.</p>	SVCC buoyancy Aids tested annually.	
Collision with Board Surfers and other participants boats and/or paddlers causing capsize	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Surf Leader, trip participants and Board Surfers	During the safety briefing participants will be reminded of their responsibilities to look out for the welfare of both themselves and other participants and follow 'Surfing Etiquette'- first person on the wave has right of possession.		Medium
Slips and trips when portaging	Drowning, Cold Water Shock, Hypothermia, and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Surf Leader and trip participants	Surf Leader to prompt Beginner/Novices to lift correctly and to ask for help carrying craft to and from the water's edge when the tide is out.		Low
Large Swell and hence increased Wave Height- increasing risk of capsize.	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Surf Leader and trip participants	<p>During the safety briefing the Surf Leader will instruct Beginners and Novice paddlers to stay in the 'Soupy' water rather than paddling 'out back' in search of green waves.</p> <p>The Surf Leader will nominate somebody to watch from the shore- this person will have a whistle which they can employ to gain the attention of any paddler who is moving outside of an area of water they have the competent to surf in.</p>		Medium
Exacerbation or triggering of pre-existing Medical Conditions- Diabetes, Angina, Epilepsy, asthma, etc	Allergic reaction, Seizure, Asthma attack, Hypoglycaemia	Surf Leader and trip participants	<p>During the safety briefing the Surf Leader will ask Beginner/Novice paddlers to make known any pre-existing medical conditions.</p> <p>Participants will be instructed to carry in their Kayaks</p>		Low

			any necessary medications- Inhalers, Epi-pens etc. If under eighteen the Surf Leader will designate an adult to carry necessary medications.		
Over-exertion and difficulty controlling body temperature	Hypo/Hyperthermia, Dehydration, Heat exhaustion, Sprains and Strains	Surf Leader and trip participants	During the safety briefing participants will be reminded of their responsibilities to look out for their own welfare- ensuring they are dressed appropriately for the prevailing weather conditions and carry fluids. The person nominated to watch from the shore will call off the water any Beginner and/or Novice paddlers whom they consider to be showing signs of fatigue.		Low

<b>Date Reviewed:</b> Master copies held with committee and reviewed annually	<b>Person Reviewing:</b> Rob Mooring
<b>Position in Stour Valley Canoe Club Committee:</b> Club Safety Officer	<b>Signature of Reviewer:</b> <i>Rob Mooring</i>