



### Risk Assessment

<p><b>Coaching Sessions on Hammoon Weir:</b> Paddling on and below Hammoon Weir.</p> <p><b>Persons Undertaking Event:</b> Session Leader and participants.</p> <p><b>Required Competence:</b> Session Leader is an experienced Grade Three paddler who has completed a Whitewater Safety and Rescue Course. Participants will have previously demonstrated the ability to confidently and competently undertake a 'Wet Exit'.</p> <p><b>Nearest Access Points:</b> Emergency vehicles can gain access to the river at Hammoon Weir DT10 2DA</p> <p><b>Nearest Accident and Emergency Department:</b> Dorset County Hospital, Williams Avenue, Dorchester DT1 2JY</p> <p><b>Assessment completed by:</b> Tony Fowler (Club Secretary), Rob Mooring (Club Safety Officer) of the management committee of the Stour Valley Canoe Club</p> <p><b>Date Assessment Created/Completed:</b> 27<sup>th</sup> June 2018</p> <p><b>Current Review date:</b> see below</p>	<p><b>Session Leader:</b></p>	
	<p><b>Emergency contacts:</b> Dorset County Hospital South Western Ambulance Service</p>	<p>01305 251150 01305 269969</p>

HAZARD	RISK BEFORE CONTROL MEASURES	PERSONS AT RISK	CONTROL MEASURES	COMMENTS ACTIONS	RESIDUAL RISK RATING
Accidental capsizes of Kayak or Canoe	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Participants and Session Leader	<p>Buoyancy aids will be worn by all participants and River Leaders.</p> <p>Novice/Beginner paddlers will not be allowed onto the water until a nominated River Leader is on the water.</p> <p>A line of sight between participants will be maintained at all times.</p> <p>Session Leader will provide Novice/Beginner paddlers with a safety induction at the beginning of their first session. This induction will be recapped at the beginning of each subsequent session.</p> <p>The induction will include the instruction that all paddlers call out 'Capsize' when they witness somebody capsize.</p> <p>Kayaks, Canoes and SUPs to have adequate inherent buoyancy to prevent sinking and to provide a floating object for the participants to hold on to.</p>	<p>SVCC Buoyancy aids tested annually</p> <p>Session Leader to ensure buoyancy aids correctly fitted.</p> <p>Regular checks on equipment during the season.</p>	Low
Collision with other paddlers causing capsizes	Drowning, Cold Water Shock,	Participants and Session	During safety induction Novice/Beginner paddlers will be made aware of possibility of colliding with other paddlers		Low

	Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Leader	and advised on how to take appropriate/avoiding action.		
Slips, trips and falls whilst carrying boats to and from the river bank or when undertaking other portages	Drowning, Cold Water Shock, Hypothermia, and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Participants and Session Leader	Helmets to be worn by all Participants and River Leaders and coaches  Novice/Beginner paddlers will be trained to lift correctly and encouraged to ask for help		Low
Being caught in the weir's 'stopper'.	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, dislocations, lacerations, sprains and strains	Participants and Session Leader	The Session Leader will assess the safety of the stopper prior to anybody attempting to play in the weir.  In higher water levels the Session Leader will coordinate the setting-up of safety prior to anybody attempting to enter the weir's stopper.		Low
Encounters with Wild Life particularly Swans causing capsize	Drowning, Cold Water Shock, Hypothermia, Exhaustion and Physical Injury- head injury, broken bones, lacerations, sprains and strains	Participants and Session Leader	During the safety induction Novice/Beginner paddlers will be advised that they share the river with Wild Life including Swans.		Low
Exacerbation or triggering of pre-existing Medical Conditions- Diabetes, Angina, Epilepsy, asthma, etc	Allergic reaction, Seizure, Asthma attack, Hypoglycaemia	Participants and Session Leader	The Session Leader will ensure that they have details of participants with pre-existing medical conditions prior to the start of the session.  Where necessary Session Leader will carry participant's medications- Inhalers, Epi-pens etc.		Low
Pollution and water quality	Stomach upsets and Weil's disease	Participants and Session Leader	During the safety induction Novice/Beginner paddlers will be advised not to swallow water and to spit out any water that finds its way into their mouths and encouraged not to play with flotsam. Additionally, they will be advised to bathe soon after immersion.	Risks higher in spate conditions.  Avoid intentional capsizes in poor conditions	Low

<b>Date Reviewed:</b> Master copies held with committee and reviewed annually	<b>Person Reviewing:</b> Rob Mooring
<b>Position in Stour Valley Canoe Club Committee:</b> Club Safety Officer	<b>Signature of Reviewer:</b> <i>Rob Mooring</i>

